

SEE US BLOOM

BOOK COMPANION ACTIVITY GUIDE



Meet **Kyunghee Kim**, the author of See Us Bloom: Poems on Compassion, Acceptance, and Bravery.

Kyunghee lives in Ypsilanti, Michigan. Find her online @kyungheewrites.

Kyunghee is a proud Korean American immigrant. Her family immigrated to the United States from South Korea when she was eight years old. She wants readers of SEE US BLOOM to know, "it's okay to feel big feelings. You are not alone."

Kyunghee's writing focuses on identity, mental health and wellbeing. She writes for both adults and children. When she's not writing, Kyunghee enjoys going on hikes and food adventures with her husband.



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"**See Us Bloom**" (978-1-7350319-4-1) by Kyunghee Kim, illustrated by Emily Paik. Published by Modern Marigold Books an imprint of Sambasivan & Parikh, LLC.



I can be my WHOLE SELF



Think of 5 descriptive words—**adjectives**—that describe YOU.

I am . . .

1. _____
2. _____
3. _____
4. _____
5. _____

On the next page, draw a **self portrait**. A self portrait is a selfie that you draw. Draw yourself feeling **confident**.

How can you show the **adjectives** you used above in your portrait? What can you include so that people know it's **YOU**?





Turn this page to "portrait orientation" and draw your self-portrait!

This is



Draw your name here! →



I can TRY new things.

Write about a time you **tried something new**.

How did **trying something new** make you **feel**? Describe how you felt **before** you tried it and **after** you tried it with words or pictures:



How did you FEEL?

Write a story about **trying something new**.
This can be **non-fiction** (a true story) or **fiction**
(a story from your imagination).



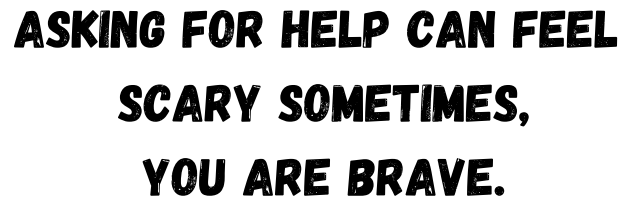
Stories have a **beginning**, **middle**, and **end**.

To help move from one part to the next, try using
words like, "At first," "and then," "next," "and finally."

	Beginning
	Middle (The middle is usually the longest part!)
	End.

Use another piece of paper if you run out of room for
your story!

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How did you feel?

[illegible]

DRAW A COMIC ABOUT A TIME YOU HELPED SOMEONE!

Remember: **who, what, when, where, why?**

What did **they say?** What did **you say?**

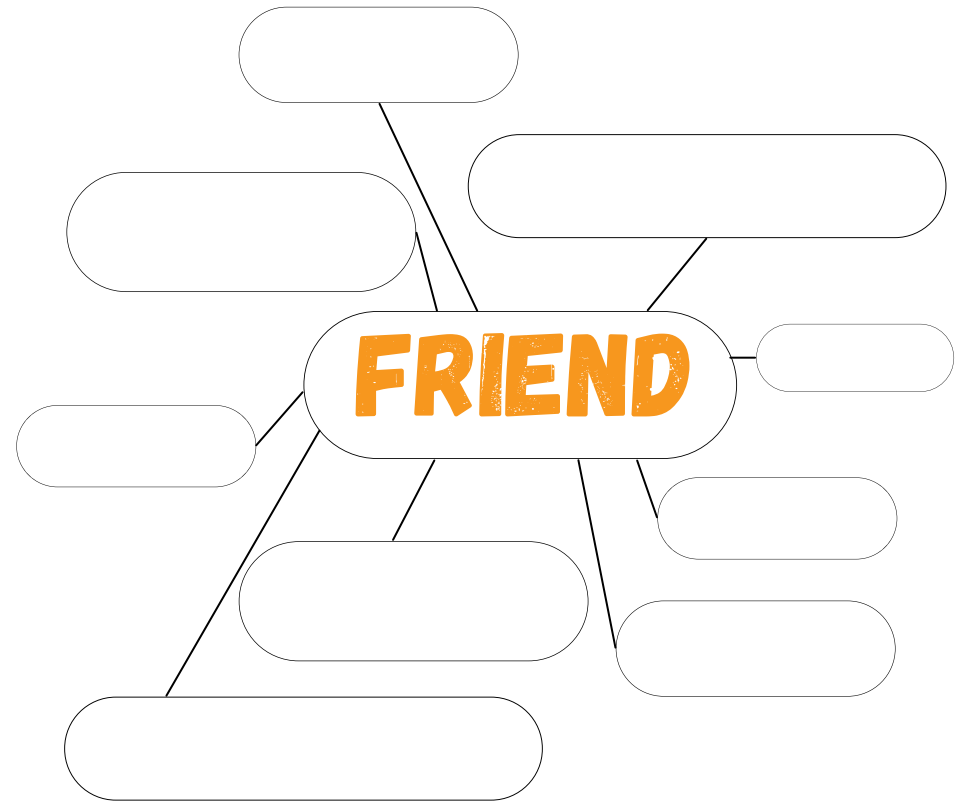
Was there a **beginning, middle, and end?**

I can be a GOOD FRIEND.



What makes a **good friend**? Brainstorm words that you think go with the word friend.

Write those words in the bubbles below.

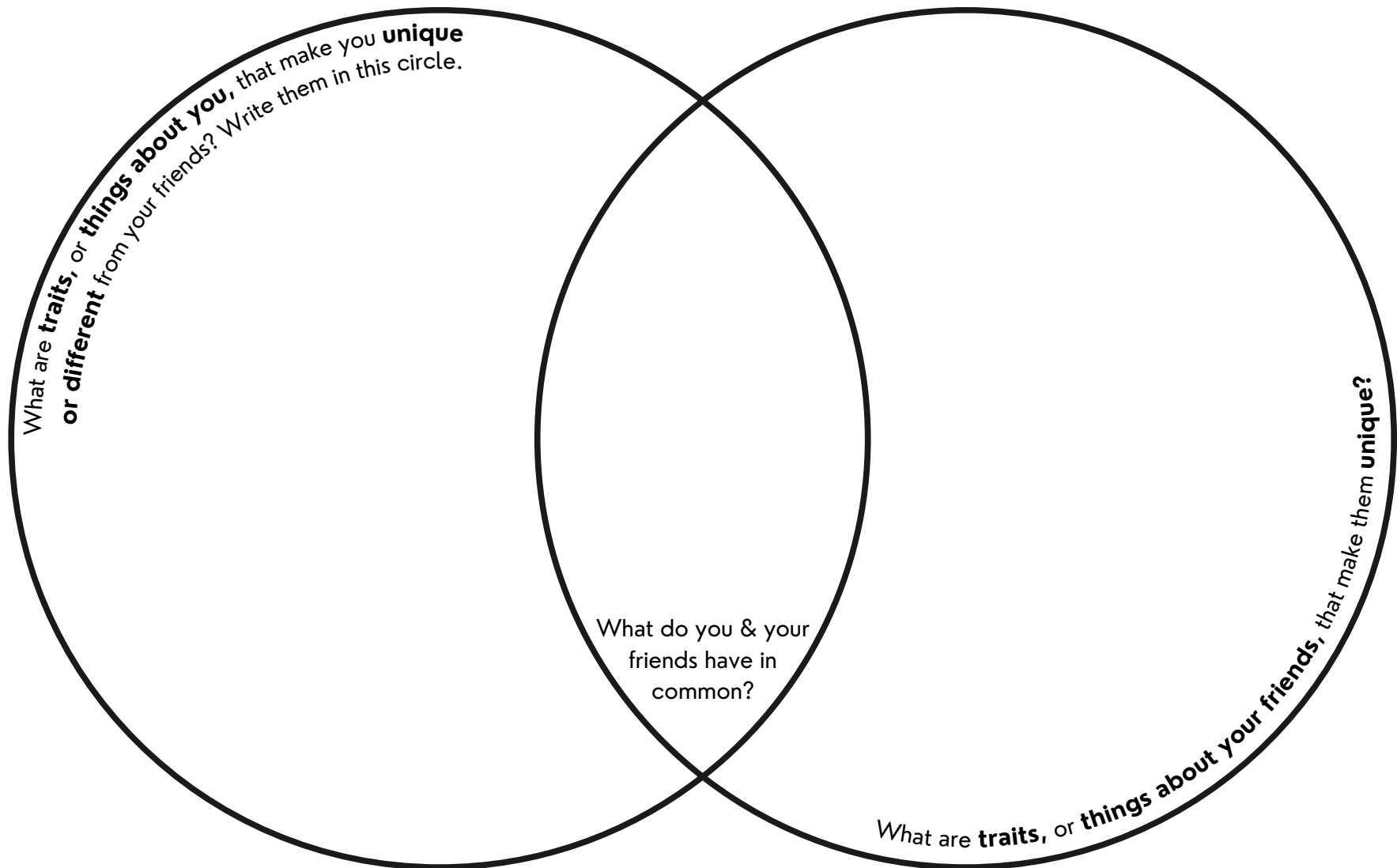


Even **good friends** can make us upset or hurt our feelings sometimes. Sometimes on **accident** and sometimes **on purpose**.

Has that ever happened to you? Have you ever hurt a friend's feelings? Did you forgive each other?

THINK ABOUT YOUR FRIENDS.

What makes you **different**? What do you have **in common**? An example could be if you LOVE a tv show, but your friend doesn't LOVE that TV show. Another example could be the color of your hair or eyes.



YOU AND YOUR FRIENDS ARE SUPERHEROES!
DRAW YOUR SUPER TEAM AND GIVE THEM SUPER NAMES.

